



NDIS Information Session

NDIS

Purpose of Today's Session:

Improved Knowledge about the NDIS , Access , Pre planning and Plan Implementation

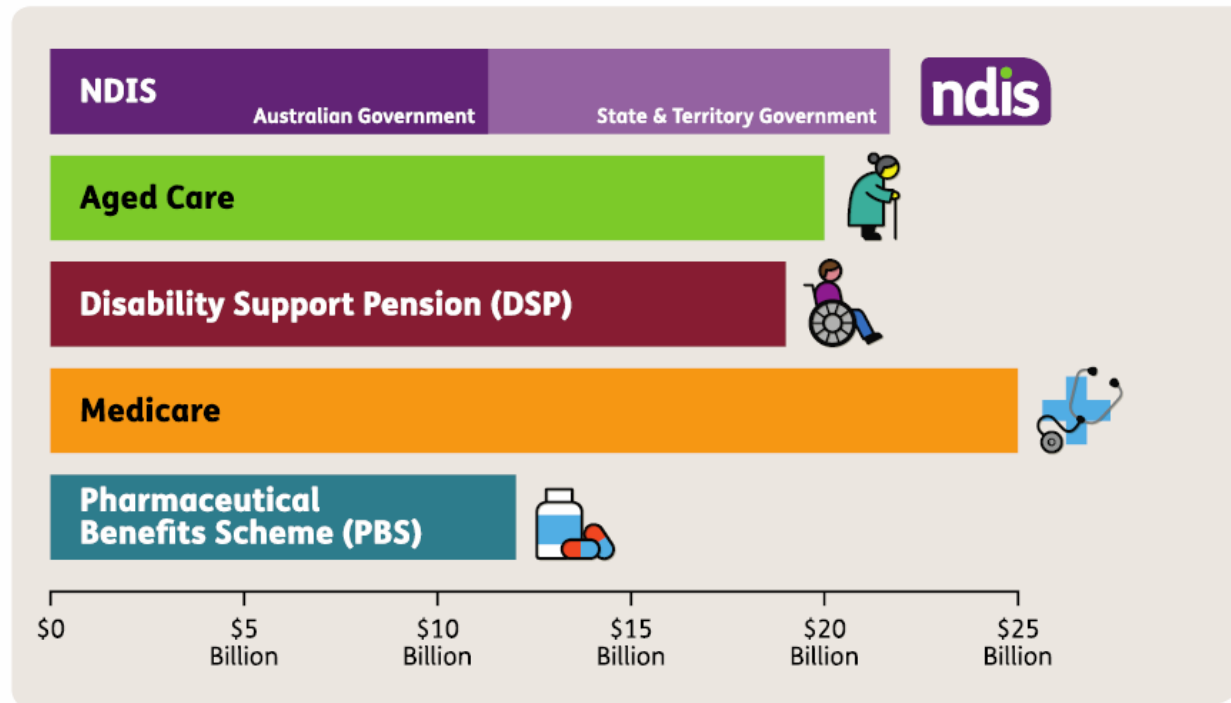
Provide and share Information about RCH and its NDIS registration

Answer your questions about the NDIS

Hot Tips for the NDIS

The NDIS is a significant reform

Projected NDIS expenditure compared with selected Australian Government programs (2019–20)



What is the National Disability Insurance Scheme?

The NDIS helps you to...



The NDIS helps you:

Maintain your informal support arrangements



Access community services and supports



What is the NDIS?

Receive reasonable and necessary funded supports



Access mainstream services and supports



Why is the NDIS so important?

- Choice and Control
- Supports people with disability to live an ordinary Life
- Choice over providers
- Choice on how and when services are provided
- Not locked into Contracts
- Flexibility to determine goals and aspirations
- Move Away from Block Funding
- Insurance model not welfare
- Reduces social isolation
- Supports active life in community with social and economic participation
- Removes barriers to being active in community
- Real investment in raising the voices of people with disability

NDIS Overview: Where is it at?

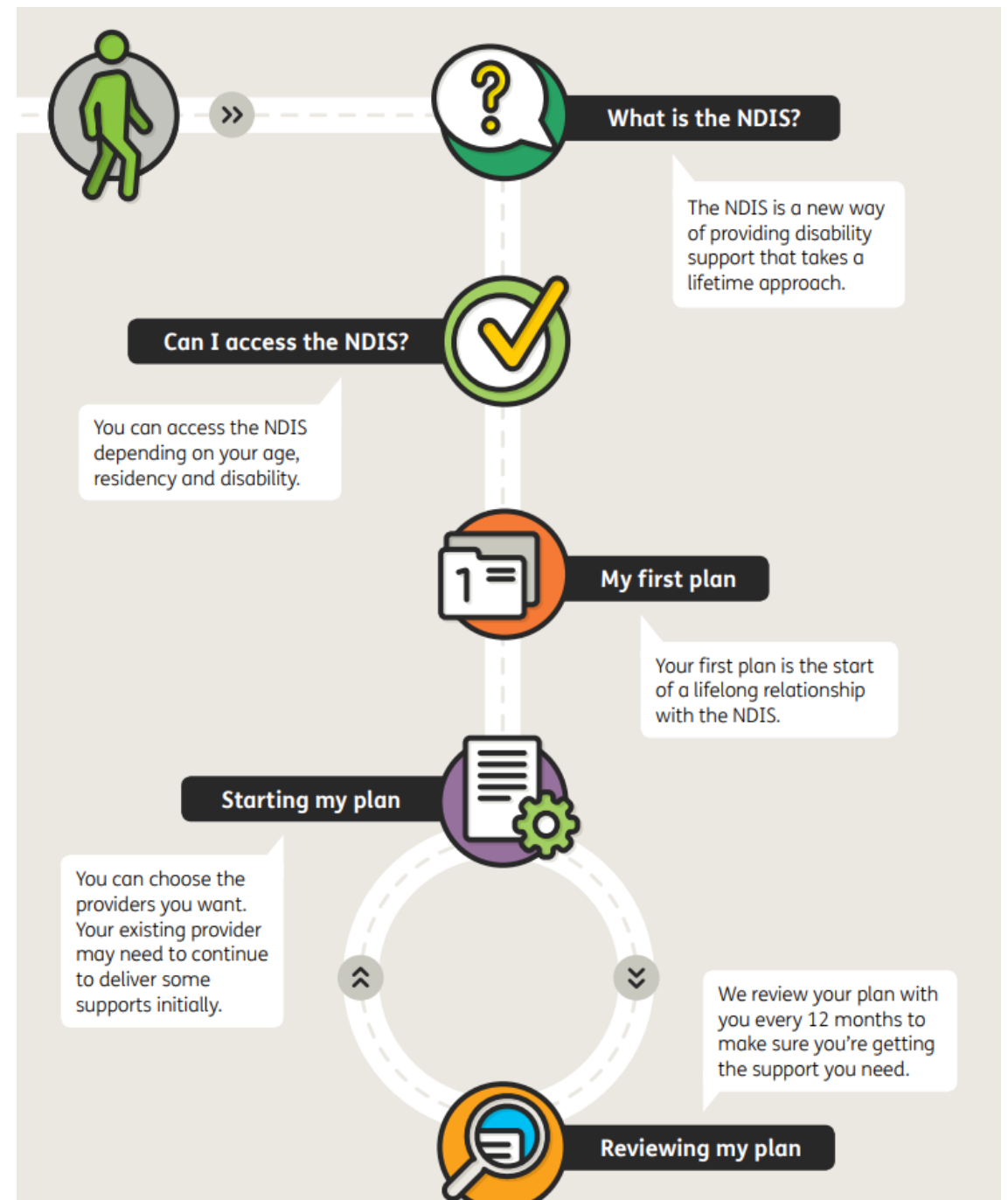
- The NDIS is rolling out in stages concluding in 2019



NDIS Access

NDIS Participant Pathway

- <https://youtu.be/EM03PSz3Ar8>
- Access Request Form
- 21 Days to assess your Access
- **Access request questions**
- As part of the access request process, you will be asked:
- To confirm your identity and/or a person's authority to act on your behalf
- Questions about providing consent to enter the Scheme and about seeking information from third parties
- GP or Consultant can provide evidence to support your access to the NDIS



What is Good Evidence to support Access to the NDIS

- Recent
- Completed by a treating health professional who is relevant to your primary disability;
- Confirms your primary disability
- Confirms the impacts and functionality of your disability on the different areas of your life
- Describes previous treatments and outcomes
- Describes future treatment options and expected outcomes of those treatments.

What are the roles of LAC / ECEI/ Planners?

Planning and Coordination



<u>Local Area Coordinator & ECEI Partner</u>	<u>Planner</u>	<u>Support Coordinator</u>
<ul style="list-style-type: none">✓ The Local Area Coordinators (LAC) are contracted by the NDIA✓ Conducts information gathering for participants✗ Does not make reasonable and necessary decisions or approve plans✓ Supports participants to implement and review their plans.	<ul style="list-style-type: none">✓ NDIA Staff✓ Conducts information gathering for participants✓ Makes reasonable and necessary decisions in accordance with the NDIA Act 2013, and approves plans✗ Do not support participants to implement their plans	<ul style="list-style-type: none">✓ NDIA Registered Service Providers✓ Conduct Information gathering for participants eg. gather reports for review.✗ Does not come into contact with NDIS participants until they have an approved plan✓ Support participants to implement and review their plans

Where do I find the details on who are the LAC & ECEI partners in Victorian areas:

<https://www.ndis.gov.au/about-us/our-sites/VIC.html>

Who can provide evidence of your disability?

- General Practitioner (GP)
- Pediatrician
- Orthopedic surgeon
- Occupational Therapist
- Speech Pathologist (Therapist)
- Neurologist
- Psychologist
- Psychiatrist
- Physiotherapist

The treating health professional who provides the evidence of your disability should: be the most appropriate person to provide evidence of your primary disability; and have treated you for a significant period of time (e.g. at least six months).

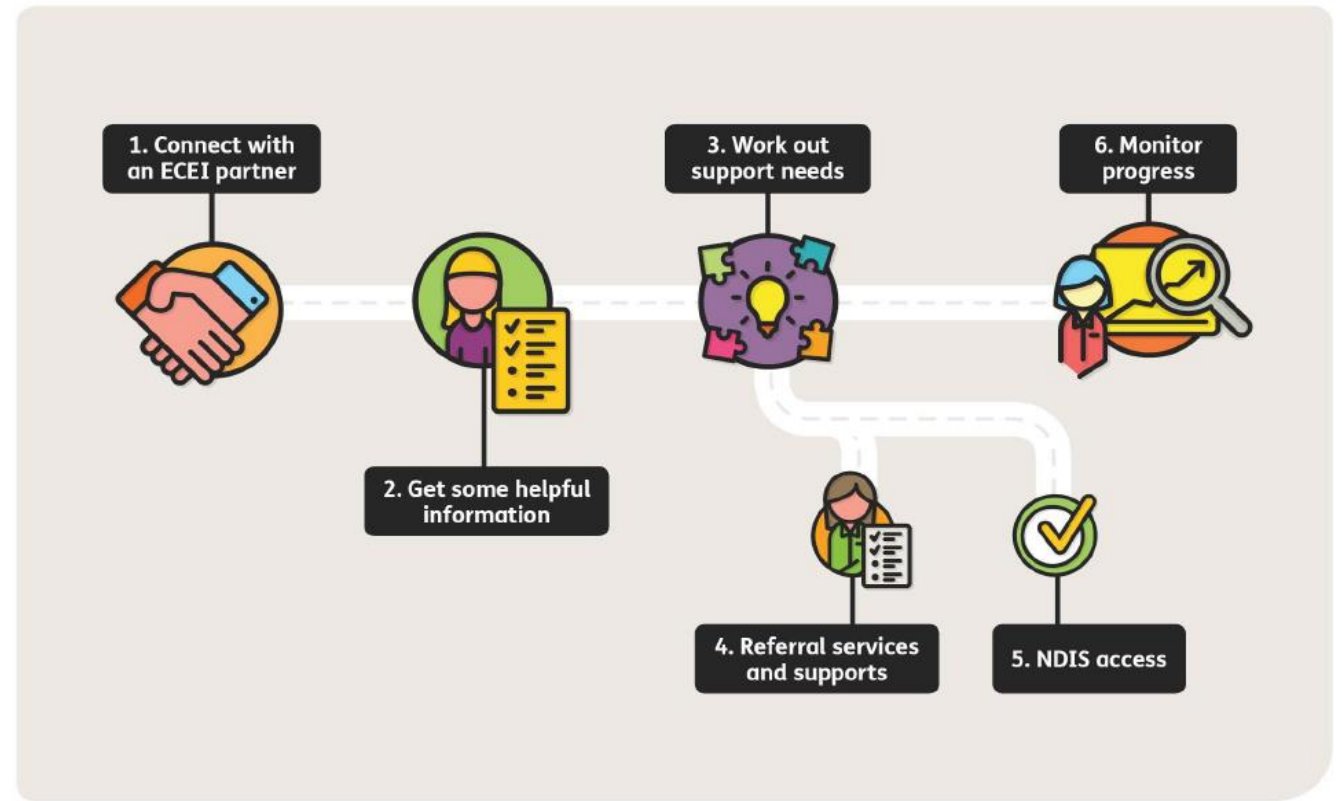
[Access Guidelines : https://www.ndis.gov.au/operational-guideline/access/general-matters.html#4.2](https://www.ndis.gov.au/operational-guideline/access/general-matters.html#4.2)

Two Pathways for Children

Early Childhood Early Intervention (ECEI) Pathway

- 0 – 6 years of age
 - Regional Partners
 - Services available up to 7 years of age
 - Finding a Key Worker
 - Finding Disability Services
 - Plans are generally not reviewed
-
- 7-64 Local Area Co-ordination
 - Regional Partners
 - Support Co-ordinators
 - Financial Intermediaries
 - Evidence based Diagnosis
 - Defined Disability Types <https://www.ndis.gov.au/operation/guideline/access/list-c>

The ECEI approach



My Pre Planning for the NDIS

GOALS

- Broad statements
- Max 3 - 4 in each plan
- Can be aspirational
- Consider Informal Supports
- Consider Mainstream Supports

Fill in Booklet 2 of the NDIS , Planning

<https://www.ndis.gov.au/medias/documents/pathway-booklet2-pdf/NDIS014-Participant-Pathway-Book2-16pp-A4-Accessible-.pdf>

[A.C.D. Booklet ;](https://www.acd.org.au/ndis-support/ndis-planning-workbook/)

<https://www.acd.org.au/ndis-support/ndis-planning-workbook/>

What is Assistive Technology (or AT) in the NDIS?

- Assistive technology, as defined by the World Health Organisation, is 'any device or system that allows individuals to perform tasks they would otherwise be unable to do or increases the ease and safety with which tasks can be performed'. The NDIS uses this definition.

Who can assess my AT requirements ;

An AT assessor may be an AT Mentor, allied health practitioner, continence nurse, registered dietician, psychologist or rehabilitation engineer

- AT Could include
- Wheelchairs
- Bathing Chairs
- Strollers
- Eye Gaze
- Apps for aiding communication
- Communication boards
- House or room modifications
- Car Modifications

Plan Management decision and support Budgets



There are 4 ways that NDIS plans/funding can be managed:

- Agency Managed
- Plan Managed
- Self Managed
- A combination of the above

Different support budgets can have different management types. Each budget will state its management type on the plan:

- **Agency managed** – The NDIA will pay my support provider directly for these supports.
- **Plan Manager** – The NDIA will pay my plan manager directly for these supports.
- **Self Managed** – the NDIS will pay me directly for these supports.

The Planning Meeting

- When will my meeting take place?
- Who can attend my meeting?
- Is this meeting face to face?
- How long does a meeting take?
- Where does my meeting take place?
- Can I postpone my meeting if I am not ready?
- What should I take to the meeting?
- What happens after my meeting?
- Evidence Guide
- Take all of your past medical history
- Take all of your OT/Physio quotes
- Take any School support information/ DET letters
- Take your completed pre planning kit
- GP/ Consultant support letters
- Provider reports for personal care etc. 1-1 , 2; 1 etc

FUNDING = REASONABLE & NECESSARY

Supports in an NDIS Plan



Core

Supports for daily life

- Support with personal care needs
- Assistance to carry out household tasks
- Assistance to access your community
- Continence aids

Capital

Funding equipment

- Mobility equipment
- Home modifications
- Vehicle modifications
- Assistive Technology

Capacity

Building abilities

- Therapist assessments
- Learning how to do day-to-day tasks
- Learning new skills that relate to goals
- Finding and keeping a job

Plan Implementation

- https://youtu.be/LLBz_1_TVT8
- **Booklet 3 of the NDIS Using your plan**
<https://www.ndis.gov.au/medias/documents/pathway-booklet3-word/NDIS-participant-booklet-3-Using-your-plan.docx>
- Internal Review Process 4-6 weeks
- Review of a reviewable decision application form

Plan Review under the NDIS

- Seek progress reports from your provider at 8 weeks and 9 months
- Provide feedback on what has worked and review your goals
- Identify why certain funded funds were utilised
- Why was equipment not purchased ?
- Build on your previous goals and achievements
- Contact Planner at 10 months to schedule plan review
- Can bring anyone to your plan review meeting

NDIS Quality Safeguards Commission

- Live in Victoria by July 1st 2019
- Transitioning under DHHS until 2019
- Contact NDIA first
- Contact Providers
- Advocacy Agencies
- AAT
- Disability Commissioner
- NDIS Fraud Taskforce

What Services does RCH have in the NDIS ?

- Early Childhood Early Intervention Services
- Contenance Assessment
- Equipment Distribution Centre
- Complex Care (Homecare Program)
- OT (Hand Splinting only)
- Prosthesis and Orthotics
- Support for in-patients under access , pre planning and plan implementation
- Resources
- Access Support templates for clinicians and getting the language right (Summer Foundation resources)
- NDIS resources for access and planning
- Travel fact sheets (NDIS)
- Assistive Technology hand outs (NDIS)
- Information fact sheets to support families and carers within the NDIS (NDIS)
- NDIS pre planning toolkit (RCH Under construction)

How do we access RCH NDIS services?

- <https://www.rch.org.au/>
- New NDIS Central Intake Worker 1st December 2018
- Referral process supports all NDIS Providers in Victoria, link to demographic suited providers as per terms of business

Hot Tips for the NDIS

- Access and read booklets 1-3
<https://www.ndis.gov.au/people-disability/fact-sheets-and-publications>
- Access – Don't Wait apply now
- <https://www.ndis.gov.au/ndis-access-checklist.html>
- Pre planning- Complete booklet 2 , consider 3-4 goals , 2 long term goals . Involve people in this discussion
- All evidence is good evidence , don't pay for diagnosis reports
- 0-6 contact ECEI partner directly
- Research all equipment and products, demonstrate value for money
- Ask for OT assessments to be included in your first plan
- Search and meet with disability providers in advance
- Ask for support co-ordination and a financial intermediary in your first plan
- You can postpone a meeting and request this is face to face
- Ask advocates and providers to attend your planning meetings , this can be by media
- Change providers if you are not satisfied
- Get progress reports
- Check Service agreements match your needs
- Lead the conversations